Social Studies, Grade 7 Unit II: Lesson A2

Recipes: Asian Ingredients

Use cookbooks and the Internet to find recipes and research common food of at least two different Asian countries. Take notes on the basic staple grain and the most common ingredients used in the recipes.

Write a report or make an illustrated chart comparing the staple grain and common foods with the geography of the country.

Explain the relationship between the diet of an area and the geography of that area.

Prepare and share the best recipe with your class.

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