

Social Studies, Kindergarten

Unit I: Lesson 2

Pantomime: **How Do You Feel?**



Think of all the ways you sometimes feel. Some examples are scared, happy, sad, and hurt.

Practice making facial expressions and body positions that show each of these emotions. Use a mirror so you can see if your face and body reflect what you are feeling.

Act out these different feelings for your classmates without speaking. Have them guess what you are feeling by your actions. Tell them about times when you have really felt that way. Ask them to tell you about times when they have felt that way also.