

Social Studies, Grade 1
Unit III: Lesson C2

Poster: **Food Groups**



Find out what the four major food groups are.

Make a list of food from each food group that you need. Make another list of food from each group that aren't needs but wants. Find pictures from magazines or online to illustrate your choices. For example, from the milk group you need a glass of milk, but you might want a chocolate milk shake.

Display your poster in the classroom.