

Social Studies, Grade 8

Unit I: Lesson A9

Recipes: **Ethnic Foods**



Visit a chef in a local restaurant specializing in ethnic foods. Ask the chef to describe cooking techniques, recipes, and ingredients used for this type of food. Perhaps the chef will give you his or her favorite recipe.

If you cannot make a visit, look in cookbooks for an interesting recipe or watch a culinary television show.

Prepare the recipe for your family or classmates.